

2011

Tour	Temps au tour	Temps de course	Heure	Vitesse moyenne du tour	Remarque
Départ			16:00		
1	0:10:18	00:10	16:10	24,39 km/h	
2	0:10:28	00:20	16:20	24,03 km/h	
3	0:10:29	00:31	16:31	23,99 km/h	
4	0:10:39	00:41	16:41	23,61 km/h	
5	0:10:29	00:52	16:52	23,96 km/h	
6	0:11:09	01:03	17:03	22,53 km/h	
7	0:10:47	01:14	17:14	23,29 km/h	
8	0:10:49	01:25	17:25	23,22 km/h	
9	0:10:48	01:35	17:35	23,26 km/h	
10	0:10:58	01:46	17:46	22,92 km/h	
11	0:11:21	01:58	17:58	22,15 km/h	
12	0:11:18	02:09	18:09	22,25 km/h	
13	0:11:05	02:20	18:20	22,66 km/h	
14	0:11:14	02:31	18:31	22,37 km/h	
15	0:11:39	02:43	18:43	21,57 km/h	
16	0:11:21	02:54	18:54	22,13 km/h	
17	0:10:59	03:05	19:05	22,89 km/h	
18	0:11:00	03:16	19:16	22,85 km/h	
P	0:28:28	03:45	19:45		Pause 1, massage
19	0:11:32	03:56	19:56	21,78 km/h	
20	0:11:12	04:08	20:08	22,42 km/h	
21	0:11:08	04:19	20:19	22,59 km/h	
22	0:11:09	04:30	20:30	22,54 km/h	
23	0:11:29	04:41	20:41	21,89 km/h	
24	0:11:21	04:53	20:53	22,13 km/h	
25	0:11:15	05:04	21:04	22,33 km/h	
26	0:11:18	05:15	21:15	22,25 km/h	
27	0:11:13	05:26	21:26	22,42 km/h	
28	0:11:16	05:38	21:38	22,29 km/h	
29	0:11:15	05:49	21:49	22,35 km/h	
30	0:10:52	06:00	22:00	23,13 km/h	
31	0:11:10	06:11	22:11	22,51 km/h	
32	0:10:05	06:21	22:21	24,94 km/h	Dans l'aspi de Laurent
33	0:11:11	06:32	22:32	22,47 km/h	
34	0:11:12	06:43	22:43	22,43 km/h	
35	0:11:40	06:55	22:55	21,55 km/h	
36	0:11:40	07:07	23:07	21,54 km/h	
P	0:13:33	07:20	23:20		Pause 2, sur zone moquette
37	0:14:21	07:35	23:35	17,51 km/h	
38	0:11:25	07:46	23:46	22,02 km/h	
39	0:11:22	07:58	23:58	22,09 km/h	

40	0:11:31	08:09	00:09	21,83 km/h	
41	0:11:25	08:20	00:20	22,01 km/h	
42	0:11:38	08:32	00:32	21,59 km/h	
43	0:11:32	08:44	00:44	21,80 km/h	
44	0:11:32	08:55	00:55	21,78 km/h	
45	0:11:00	09:06	01:06	22,85 km/h	
46	0:11:20	09:17	01:17	22,16 km/h	
47	0:11:13	09:29	01:29	22,40 km/h	
48	0:11:10	09:40	01:40	22,51 km/h	
49	0:11:01	09:51	01:51	22,82 km/h	
50	0:11:00	10:02	02:02	22,85 km/h	
P	0:38:27	10:40	02:40		Pause 3, massage + changement de T-shirt
51	0:15:08	10:55	02:55	16,60 km/h	
52	0:12:16	11:08	03:08	20,50 km/h	
53	0:12:15	11:20	03:20	20,51 km/h	
54	0:12:08	11:32	03:32	20,72 km/h	
55	0:12:08	11:44	03:44	20,70 km/h	
56	0:13:04	11:57	03:57	19,23 km/h	
57	0:13:02	12:10	04:10	19,27 km/h	
58	0:11:53	12:22	04:22	21,14 km/h	
59	0:11:32	12:34	04:34	21,78 km/h	
60	0:11:25	12:45	04:45	22,03 km/h	
61	0:11:11	12:56	04:56	22,48 km/h	
62	0:11:13	13:08	05:08	22,39 km/h	
63	0:11:21	13:19	05:19	22,15 km/h	
64	0:11:20	13:30	05:30	22,17 km/h	
65	0:11:18	13:42	05:42	22,24 km/h	
66	0:11:33	13:53	05:53	21,75 km/h	
67	0:11:33	14:05	06:05	21,76 km/h	
P	0:44:09	14:49	06:49		Pause 4, massage
68	0:12:35	15:01	07:01	19,98 km/h	
69	0:11:26	15:13	07:13	22,00 km/h	
70	0:11:27	15:24	07:24	21,95 km/h	
71	0:11:18	15:36	07:36	22,25 km/h	
72	0:15:33	15:51	07:51	16,17 km/h	
73	0:17:21	16:08	08:08	14,48 km/h	Pause rapide pour Changement de rollers
74	0:13:09	16:22	08:22	19,12 km/h	
75	0:12:16	16:34	08:34	20,50 km/h	
76	0:11:35	16:45	08:45	21,70 km/h	
77	0:11:26	16:57	08:57	21,98 km/h	
78	0:13:28	17:10	09:10	18,65 km/h	
79	0:12:01	17:22	09:22	20,92 km/h	
80	0:13:36	17:36	09:36	18,48 km/h	
81	0:13:16	17:49	09:49	18,95 km/h	
82	0:13:15	18:02	10:02	18,97 km/h	

P	0:17:09	18:20	10:20		Pause 5, sur zone moquette
83	0:15:50	18:35	10:35	15,87 km/h	
84	0:12:24	18:48	10:48	20,26 km/h	
85	0:12:22	19:00	11:00	20,33 km/h	
86	0:12:27	19:13	11:13	20,18 km/h	
87	0:12:29	19:25	11:25	20,13 km/h	
88	0:12:22	19:38	11:38	20,32 km/h	
89	0:11:54	19:49	11:49	21,13 km/h	
90	0:12:45	20:02	12:02	19,72 km/h	
91	0:12:05	20:14	12:14	20,79 km/h	
92	0:12:05	20:26	12:26	20,80 km/h	
P	0:28:43	20:55	12:55		Pause 6, sur zone moquette, avec changement de rollers
93	0:06:18	21:01	13:01	39,86 km/h	Coupé le fromage pour Re-changement de roller
94	0:15:44	21:17	13:17	15,97 km/h	
95	0:14:21	21:31	13:31	17,51 km/h	
96	0:12:43	21:44	13:44	19,76 km/h	
97	0:13:57	21:58	13:58	18,00 km/h	
98	0:14:57	22:13	14:13	16,81 km/h	
99	0:14:17	22:27	14:27	17,59 km/h	
100	0:14:20	22:42	14:42	17,53 km/h	
101	0:15:40	22:57	14:57	16,04 km/h	
102	0:15:20	23:13	15:13	16,38 km/h	
103	0:12:50	23:26	15:26	19,59 km/h	Retrouvé Dan et Chicken Solo
104	0:13:18	23:39	15:39	18,89 km/h	
105	0:12:40	23:52	15:52	19,84 km/h	
106	0:17:54	00:09	16:09	14,03 km/h	Arrivée : 9ème sur 65 classés

10ème 3 tours derrière

Synthèse

Pauses	2:50:29
Moyenne / tour globale	0:12:08

105 tours (hors 93ème)

Détail

Moyenne / tour Part 1	0:10:56	18 tours
Pause 1	0:28:28	
Moyenne / tour Part 2	0:11:13	18 tours
Pause 2	0:13:33	
Moyenne / tour Part 3	0:11:32	14 tours
Pause 3	0:38:27	
Moyenne / tour Part 4	0:12:01	17 tours
Pause 4	0:44:09	
Moyenne / tour Part 5	0:12:55	15 tours

2011/2010

-5%

22%

-2%

-61%

-4%

70%

1%

-26%

9%

Pause 5	0:17:09	
Moyenne / tour Part 6	0:12:40	10 tours
Pause 6	0:28:43	
Moyenne / tour Part 7	0:14:11	12 tours

-66%

-4%

107%

4% (hors dernier tour)

2010

Tour	Temps au tour	Temps de course	Heure	Vitesse moyenne du tour	Remarque
			16:00		
1	0:11:31	00:11	16:11	21,83 km/h	
2	0:10:51	00:22	16:22	23,15 km/h	
3	0:11:09	00:33	16:33	22,54 km/h	
4	0:11:21	00:44	16:44	22,15 km/h	
5	0:11:43	00:56	16:56	21,45 km/h	
6	0:11:38	01:08	17:08	21,59 km/h	
7	0:11:44	01:19	17:19	21,43 km/h	
8	0:11:48	01:31	17:31	21,29 km/h	
9	0:11:36	01:43	17:43	21,66 km/h	
10	0:11:24	01:54	17:54	22,05 km/h	
11	0:11:01	02:05	18:05	22,82 km/h	
12	0:11:22	02:17	18:17	22,12 km/h	
13	0:11:11	02:28	18:28	22,48 km/h	
14	0:11:10	02:39	18:39	22,51 km/h	
15	0:11:28	02:50	18:50	21,91 km/h	
16	0:11:40	03:02	19:02	21,53 km/h	
17	0:11:33	03:14	19:14	21,75 km/h	
18	0:11:54	03:26	19:26	21,13 km/h	
19	0:11:44	03:37	19:37	21,42 km/h	
20	0:11:44	03:49	19:49	21,42 km/h	
P	0:23:24	04:12	20:12	10,74 km/h	Pause 1
21	0:11:28	04:24	20:24	21,91 km/h	
22	0:11:39	04:36	20:36	21,56 km/h	
23	0:11:40	04:47	20:47	21,53 km/h	
24	0:11:30	04:59	20:59	21,84 km/h	
25	0:11:50	05:11	21:11	21,25 km/h	
26	0:10:46	05:21	21:21	23,32 km/h	
27	0:11:23	05:33	21:33	22,07 km/h	
28	0:11:39	05:44	21:44	21,58 km/h	
29	0:11:34	05:56	21:56	21,73 km/h	
30	0:11:01	06:07	22:07	22,80 km/h	
31	0:11:12	06:18	22:18	22,43 km/h	
32	0:11:30	06:30	22:30	21,84 km/h	
33	0:11:29	06:41	22:41	21,90 km/h	
34	0:10:49	06:52	22:52	23,23 km/h	
35	0:11:45	07:04	23:04	21,39 km/h	
36	0:11:51	07:16	23:16	21,21 km/h	
37	0:11:51	07:27	23:27	21,20 km/h	
38	0:11:50	07:39	23:39	21,25 km/h	
39	0:11:35	07:51	23:51	21,68 km/h	
40	0:11:35	08:02	00:02	21,70 km/h	

P	0:35:11	08:38	00:38		Pause 2
41	0:12:37	08:50	00:50	19,92 km/h	
42	0:11:22	09:02	01:02	22,11 km/h	
43	0:10:49	09:12	01:12	23,24 km/h	
44	0:12:29	09:25	01:25	20,12 km/h	
45	0:10:54	09:36	01:36	23,05 km/h	
46	0:11:35	09:47	01:47	21,71 km/h	
47	0:12:10	10:00	02:00	20,65 km/h	
48	0:12:03	10:12	02:12	20,85 km/h	
49	0:12:40	10:24	02:24	19,85 km/h	
50	0:12:22	10:37	02:37	20,32 km/h	
51	0:11:56	10:49	02:49	21,05 km/h	
52	0:12:19	11:01	03:01	20,40 km/h	
53	0:13:01	11:14	03:14	19,31 km/h	
54	0:12:59	11:27	03:27	19,37 km/h	
55	0:12:31	11:39	03:39	20,07 km/h	
56	0:11:36	11:51	03:51	21,65 km/h	
57	0:11:24	12:02	04:02	22,06 km/h	
58	0:11:24	12:14	04:14	22,04 km/h	
P	0:22:36	12:36	04:36		Pause 3
59	0:11:44	12:48	04:48	21,42 km/h	
60	0:11:31	13:00	05:00	21,83 km/h	
61	0:11:32	13:11	05:11	21,79 km/h	
62	0:11:31	13:23	05:23	21,83 km/h	
63	0:11:30	13:34	05:34	21,86 km/h	
64	0:11:37	13:46	05:46	21,62 km/h	
65	0:11:26	13:57	05:57	21,97 km/h	
66	0:11:29	14:09	06:09	21,90 km/h	
67	0:12:30	14:21	06:21	20,10 km/h	
68	0:12:08	14:33	06:33	20,72 km/h	
69	0:13:15	14:47	06:47	18,96 km/h	
70	0:13:15	15:00	07:00	18,97 km/h	
P	0:59:38	15:59	07:59		Pause 4
71	0:14:34	16:14	08:14	17,26 km/h	
72	0:11:31	16:26	08:26	21,81 km/h	
73	0:11:33	16:37	08:37	21,75 km/h	
74	0:11:15	16:48	08:48	22,35 km/h	
75	0:11:22	17:00	09:00	22,12 km/h	
76	0:10:56	17:11	09:11	22,97 km/h	
77	0:10:57	17:22	09:22	22,97 km/h	
78	0:11:19	17:33	09:33	22,19 km/h	
79	0:11:37	17:45	09:45	21,64 km/h	
80	0:11:17	17:56	09:56	22,28 km/h	
81	0:10:51	18:07	10:07	23,17 km/h	
82	0:10:59	18:18	10:18	22,89 km/h	

83	0:12:32	18:30	10:30	20,04 km/h	
84	0:13:09	18:43	10:43	19,11 km/h	
85	0:13:09	18:56	10:56	19,11 km/h	
P	0:50:58	19:47	11:47		Pause 5
86	0:12:43	20:00	12:00	19,76 km/h	
87	0:12:30	20:13	12:13	20,09 km/h	
88	0:11:42	20:24	12:24	21,49 km/h	
89	0:12:52	20:37	12:37	19,53 km/h	
90	0:13:14	20:50	12:50	18,98 km/h	
91	0:12:39	21:03	13:03	19,86 km/h	
92	0:14:30	21:18	13:18	17,33 km/h	
93	0:19:03	21:37	13:37	13,19 km/h	
94	0:14:05	21:51	13:51	17,85 km/h	
95	0:11:54	22:03	14:03	21,12 km/h	
96	0:11:21	22:14	14:14	22,13 km/h	
97	0:12:38	22:27	14:27	19,88 km/h	
98	0:12:38	22:39	14:39	19,89 km/h	
P	0:13:52	22:53	14:53		Pause 6
99	0:13:26	23:07	15:07	18,71 km/h	
100	0:13:49	23:20	15:20	18,20 km/h	
101	0:13:19	23:34	15:34	18,86 km/h	
102	0:13:58	23:48	15:48	18,00 km/h	
103	0:22:37	00:10	16:10	11,11 km/h	Arrivée : 12ème sur 71 classés

13ème 1 tour derrière

Synthèse

Pauses	3:25:39
Moyenne / tour globale	0:12:05

Détail

Moyenne / tour Part 1	0:11:29	20 tours
Pause 1	0:23:24	
Moyenne / tour Part 2	0:11:30	20 tours
Pause 2	0:35:11	
Moyenne / tour Part 3	0:12:01	18 tours
Pause 3	0:22:36	
Moyenne / tour Part 4	0:11:57	12 tours
Pause 4	0:59:38	
Moyenne / tour Part 5	0:11:48	15 tours

Pause 5	0:50:58	
Moyenne / tour Part 6	0:13:13	13 tours
Pause 6	0:13:52	
Moyenne / tour Part 7	0:13:38	4 tours

(hors dernier tour)